



500 E. Morehead St
Suite 150-B
Charlotte, NC 28202
980-938-0103
www.joeandnosh.com

JOE AND NOSH. It's as simple as that. Coffee and Food. Our menu is thoughtfully put together to offer the best of both.

The photographs in Joe and Nosh were taken of the original Coffee Cup, which opened in 1948 just down the street from our Morehead location. I loved going to this soul food haven for the food but even more because it was the great unifier of Charlotte. This was no accident. In 1968, under female ownership (which I love!), the Coffee Cup became the city's first integrated diner (which I love!). Ten years later, two female friends, one African American and one Caucasian, purchased the business (which I love!), and it continued to be the Queen City melting pot until it was demolished in 2009.

Talk about being progressive. It takes courage to be the first, especially if it involves taking a stance for what you believe in without knowing the outcome and how it will affect you personally as well as professionally. I want these photographs on the walls to be a reminder and an inspiration to me and others to be courageous.

Perk up and chow down!

-Deedee Mills, owner

For catering inquiries, please contact Addison Lebo at 334-707-2705.



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BAKED GOODS

Doughnut - yeast and sour cream \$2.00
Sour Cream Doughnut Holes (6) \$2.00
Croissants — sweet and savory \$4.75
Cinnamon bun \$3.00
Pie - slice \$5/whole \$30
Housemade granola 1/2 lb. bag \$4.99

Poptart \$2.50
Muffin \$2.50
Cookie \$2.50
Bar \$4.00
Cake slice \$5/whole \$35

COFFEE/HOT BEVERAGES

Espresso \$2.25
Coffee \$1.95/\$2.95
Cappuccino \$3.15/\$3.95
Latte \$3.15/\$3.95
Macchiato \$2.75
Americano \$2.75/\$3.75
Chai (Spiced, Vanilla) \$3.75/\$4.60
Hot Chocolate \$1.95/\$2.95
Hot Tea Bags \$1.95/\$2.95
*Milk Options: whole, skim, almond, soy
•Housemade Flavor Options: (\$.50) vanilla, caramel, hazelnut, mocha

COLD BEVERAGES

Nitro Cold Brew \$4.25/\$5.25
Iced Latte \$3.15/\$3.95
Iced Chai (spiced or vanilla) \$3.75/\$4.60
Iced Sweet, Unsweet Tea, Pepsi Fountain Drinks (20oz.) \$2.50
Kids Milk/Choc Milk \$1.50

LOCAL DRAFT BEER 16 oz. \$6.00

Wooden Robot, OMB, Oscar Blues

DRUNK JOE 16 oz. \$6.00

combination of local draft beer and nitro cold brew

BLENDED BEVERAGES 16 oz. \$5.25

Blended Latte- espresso, ice, milk, optional simple syrup
Mocha- espresso, ice, milk, choc syrup
Chocolate Chip- espresso, ice, milk, choc syrup, milk or dark chips
Dulce de Leche- espresso, ice, caramel, milk
Spiced or Vanilla Dirty Chai- milk, ice, chai mix, cold brew
Vietnamese Coffee- ice, espresso, sweetened condensed milk
Hazelnut- espresso, ice, milk, hazelnut syrup
Vanilla- espresso, ice, milk, vanilla syrup

SMOOTHIES 16 oz. \$5.25

Blue Blitz- Blueberries, peaches, pineapple, OJ, cinnamon, honey
Sunshine- OJ, pineapple, banana
Very Berry- Blueberry, strawberry, raspberry, yogurt, apple juice, honey
Strawberry Splash- strawberry, banana, pineapple, honey, apple juice
PB&J- Strawberry, Banana, Peanut Butter, almond milk, apple juice

BREAKFAST SERVED ALL DAY

Build Your Own Sandwich:

- Choice of bread \$1 – brioche, whole wheat, wrap, biscuit(\$2), bagel(\$2.50), crossiant(\$3)
- Choice of meat \$2 – bacon, ham, country ham, country sausage patty
- Choice of cheese \$.75 – American, Swiss, Cheddar, Provolone
- Choice of egg – \$2

Farm Plate \$8.75

- two eggs scrambled or fried, choice of bacon, ham or country sausage patties, biscuit or toast, fresh fruit

Bagel \$2.50

- cream cheese (\$.75), jelly (\$.50), peanut butter (\$.75), honey (\$.50)

Veggie Quiche \$5.99

Meat Quiche \$6.99

Fresh Fruit 12 oz. \$3.95

Whole Fruit \$1.50

Yogurt Parfait \$4.99

- lowfat vanilla yogurt, housemade granola, blueberries

Old Fashioned Oatmeal \$3

- w/ blueberries 4oz. (\$1), brown sugar/mixed nuts 2oz. (\$1)

SALADS

Joe and Nosh Salad \$4.99

- Mixed greens, cucumbers, avocado, tomatoes, carrots, Cheddar, housemade croutons, choice of dressing

Kale Caesar \$4.25

- Kale, Shaved Parmesan, housemade croutons with Caesar dressing

Salad adds \$4 – grilled chicken, chicken salad

Dressings: Ranch, Honey Mustard, Balsamic Vinaigrette, Caesar,

Thousand Island

SOUPS – cup/bowl \$4/\$6

Monday	Loaded Potato
Tuesday	French Onion
Wednesday	Chicken Tortilla
Thursday	Tomato Bisque
Friday	Chicken Noodle
Saturday	Broccoli and Cheese
Sunday	Turkey Chili

SIDES \$2.95

Carolina Kettle Chips

Fresh Seasonal Fruit

Carolina Cole Slaw

Pasta Salad

Seasonal Salad - Loaded Cauliflower (with or without bacon)

SANDWICHES combo includes choice of side and fountain drink

Twisted Club \$7.99 combo \$11.74

- Ham, turkey, bacon, lettuce, avocado, sundried tomato mayo, pesto mayo, Cheddar, Swiss on choice of whole wheat or brioche

Kickin' Turkey \$7.99 combo \$11.74

- Smoked turkey breast, three pepper jelly, roasted red peppers, herb cream cheese, lettuce on choice of whole wheat or brioche

Turkey Reuben \$7.99 combo \$11.74

- Smoked turkey breast, Carolina cole slaw, Swiss, Thousand Island, on choice of whole wheat or brioche

Cool Turkey \$6.99 combo \$10.74

- Smoked turkey breast, cucumbers, dill mayo on choice of whole wheat or brioche

Hot Ham and Swiss \$8.50 combo \$12.25

- Ham, Swiss, dijon poppy seed spread on Hawaiian roll

Basil BLT \$7.25 combo \$11.00

- Bacon, lettuce and tomato with basil mayonnaise on choice of whole wheat or brioche add egg (\$2), avocado (\$2)

French Dip \$8.99 combo \$12.74

- Roast beef, Provolone, horseradish mayo on hoagie roll with au jus

Roast Beef \$8.50 combo \$12.25

- Roast Beef, Cheddar, dijon, grilled onions, lettuce, tomato on choice of whole wheat or brioche

“the Harvest” Chicken Salad \$7.25 combo \$11.00

- Apples, grapes, pecans, lettuce, tomato on choice of whole wheat or brioche

Chicken Kale Caesar Wrap \$6.99 combo \$10.74

- Grilled chicken, kale, Parmesan, Caesar dressing in spinach tortilla

Egg Salad \$5.99 combo \$9.74

- Lettuce, tomato on choice of whole wheat or brioche
Add bacon (\$2), avocado (\$2)

Hummus Wrap \$6.99 combo \$10.74

- Hummus, carrots, avocado, cucumbers, roasted red peppers, lettuce, Swiss, honey mustard in spinach tortilla

Portobello Panini \$7.50 combo \$11.25

- Grilled portobello mushroom, spinach, grilled onions, roasted red peppers, Provolone, pesto, balsamic vinaigrette on hoagie roll

Greek Grilled Cheese \$6.99 combo \$10.74

- Spinach, tomato, grilled onions, artichoke hearts, cucumbers, pepperoncini peppers, Provolone, mayo, Feta spread on choice of whole wheat or brioche

KIDS MENU \$3.95

PB&J (grape or strawberry jelly) on brioche

Grilled Cheese on brioche

All Beef Hot Dog



Round up to the nearest dollar
to support our local charity.