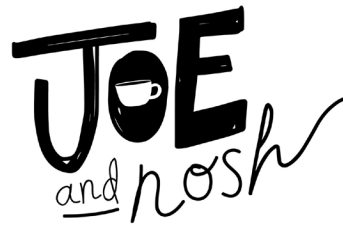


500 E. Morehead St  
Suite 150-B  
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980-938-0103  
www.joeandnosh.com



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**JOE AND NOSH.** It's as simple as that. Coffee and Food. Our menu is thoughtfully put together to offer the best of both.

The photographs in Joe and Nosh were taken of the original Coffee Cup, which opened in 1948 just down the street from our Morehead location. I loved going to this soul food haven for the food but even more because it was the great unifier of Charlotte. This was no accident. In 1968, under female ownership (which I love!), the Coffee Cup became the city's first integrated diner (which I love!). Ten years later, two female friends, one African American and one Caucasian, purchased the business (which I love!), and it continued to be the Queen City melting pot until it was demolished in 2009.

Talk about being progressive. It takes courage to be the first, especially if it involves taking a stance for what you believe in without knowing the outcome and how it will affect you personally as well as professionally. I want these photographs on the walls to be a reminder and an inspiration to me and others to be courageous.

Perk up and chow down!

-Deedee Hagner, owner

**For catering inquiries, please email [info@joeandnosh.com](mailto:info@joeandnosh.com)**

round up to the nearest dollar  
to support our local charity.



## BAKED GOODS

Changes daily

We welcome whole pie and cake orders

## COFFEE/HOT BEVERAGES

Espresso \$2.25

Coffee \$1.95/\$2.95

Cappuccino \$3.15/\$3.95

Latte \$3.15/\$3.95

Macchiato \$2.75

Americano \$2.75/\$3.75

Chai (Spiced, Vanilla) \$3.75/\$4.60

Hot Chocolate \$1.95/\$2.95

Hot Tea Bags \$1.95/\$2.95

\*Milk Options: whole, skim, almond, soy

•Flavor Options: (\$.50) vanilla, caramel, hazelnut, mocha, white chocolate

## COLD BEVERAGES

Nitro Cold Brew \$4.25/\$5.25

Iced Coffee \$1.95/\$2.95

Iced Latte \$3.15/\$3.95

Iced Chai (spiced or vanilla) \$3.75/\$4.60

Iced Sweet/Unsweet Tea, Pepsi Fountain Drinks (20oz.) \$2.50

Kids Milk/Choc Milk \$1.50

## BLENDED BEVERAGES 16 oz. \$5.25

Blended Latte- espresso, ice, milk, optional simple syrup

Mocha- espresso, ice, milk, choc syrup

Chocolate Chip- espresso, ice, milk, choc syrup, milk or dark chips

Dulce de Leche- espresso, ice, caramel, milk

Spiced or Vanilla Dirty Chai- milk, ice, chai mix, cold brew

Vietnamese Coffee- ice, espresso, sweetened condensed milk

Hazelnut- espresso, ice, milk, hazelnut syrup

Vanilla- espresso, ice, milk, vanilla syrup

## SMOOTHIES 16 oz. \$5.25

Blue Blitz- blueberries, peaches, pineapple, oj, cinnamon, honey

Sunshine- oj, pineapple, banana

Very Berry- blueberries, strawberries, raspberries, yogurt, apple juice, honey

Strawberry Splash- strawberries, banana, pineapple, honey, apple juice

PB&J- strawberries, banana, peanut butter, almond milk, apple juice

\* This menu item is served using raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

## **BREAKFAST SERVED ALL DAY**

### **Breakfast Sandwich:**

choice of bread – \$1 brioche, whole wheat or wrap  
\$2.50 biscuit or bagel  
choice of meat \$2 – bacon, sausage, ham  
choice of cheese \$.75 – american, swiss, cheddar, provolone  
\*choice of egg or egg white – \$2  
upcharge for adding additional items

### **Farm Plate \$8.75**

\*two eggs scrambled or fried, choice of bacon, ham or sausage,  
biscuit or toast, fresh fruit

### **Bagel \$2.50**

\$.50 cream cheese or jelly

### **Quiche – veggie \$4.99 meat \$5.99**

### **Yogurt Parfait \$3.50**

lowfat yogurt, granola, blueberries

### **Old Fashioned Oatmeal \$3**

w/ blueberries 4oz.(\$1), brown sugar/mixed nuts 2oz.(\$1)

### **Hashbrown \$1.50**

## **SALADS**

### **Joe and Nosh Salad \$4.25**

mixed greens, cucumbers, tomatoes, carrots, cheddar,  
housemade croutons, choice of dressing

### **Kale Caesar \$4.25**

kale, shaved parmesan, housemade croutons with caesar dressing

### **Nuts and Berries \$5.25**

spring mix, walnuts, dried cranberries, feta, choice of dressing

### **Spinach Salad \$5.25**

spinach, feta, mandarin oranges, sunflower seeds, choice of dressing

**Salad adds \$4** – grilled chicken, chicken salad, turkey  
dressings: ranch, honey mustard, balsamic vinaigrette,  
thousand island, caesar

## **SOUPS – cup/bowl \$4/\$6**

Please ask for our housemade selection

## **SIDES**

### **Fresh Seasonal Fruit \$2.95**

### **Carolina Kettle Chips \$2.95**

### **Crinkle Cut French Fries \$3.50**

### **Sweet Potato Tots \$3.50**

## **KIDS MENU – \$3.95**

pb&j (grape or strawberry jelly) on brioche  
grilled cheese on choice of whole wheat or brioche

## **SANDWICHES**

### **Craft Your Own: \$7.25**

choice of bread – brioche, whole wheat, wrap  
choice of one meat – bacon, ham, turkey, roast beef  
choice of one cheese – american, swiss, cheddar, provolone  
choice of two spreads – mayo, pesto mayo, sundried tomato mayo,  
dill mayo, horseradish mayo, yellow mustard, dijon mustard,  
honey mustard  
choice of two veggies – lettuce, tomato, cucumbers, banana peppers,  
roasted red peppers, red onions, spinach, grilled onions  
adds \$1– \*one egg, avocado  
upcharge for adding additional items

### **Twisted Club \$7.99**

ham, turkey, bacon, lettuce, avocado, sundried tomato mayo, pesto  
mayo, cheddar, swiss on choice of whole wheat or brioche

### **Cool Turkey \$6.99**

smoked turkey breast, cucumbers, dill mayo on choice of whole wheat  
or brioche

### **Turkey Reuben \$7.99**

smoked turkey breast, cole slaw, swiss, thousand island on choice of  
whole wheat or brioche

### **Hot Ham and Swiss \$8.50**

ham, swiss, dijon poppy seed spread on hawaiian roll

### **French Dip \$8.99**

roast beef, provolone, horseradish mayo on hoagie roll with au jus

### **“the Harvest” Chicken Salad \$7.25**

apples, grapes, pecans, lettuce, tomato on choice of whole wheat or brioche

### **Buffalo Chicken Wrap \$7.50**

grilled or fried chicken, lettuce, blue cheese crumbles, buffalo sauce

### **Chicken Kale Caesar Wrap \$7.25**

grilled or fried chicken, kale, parmesan, caesar dressing

### **Egg Salad \$5.99**

lettuce, tomato on choice of whole wheat or brioche, add bacon(\$2)

### **Hummus Wrap \$6.99**

hummus, carrots, avocado, cucumbers, roasted red peppers, lettuce,  
swiss, honey mustard

### **Greek Grilled Cheese \$6.99**

spinach, tomato, grilled onions, artichoke hearts, cucumbers,  
banana peppers, provolone, mayo, feta spread on choice of  
whole wheat or brioche

## **OTHER FAVS**

### **Joe and Nosh Burger \$7.75**

provolone, sun-dried tomato mayo, lettuce, avocado

### **Regular Burger \$6.25**

### **Bacon Cheese Burger \$7.50**

### **Chicken Tenders Basket \$9.00**

choice of sweet potato tots or crinkle cut french fries