



500 E. Morehead St
Suite 150-B
Charlotte, NC 28202
980-938-0103
www.joeandnosh.com



500 E. Morehead St
Suite 150-B
Charlotte, NC 28202
980-938-0103
www.joeandnosh.com

JOE AND NOSH. It's as simple as that. Coffee and Food. Our menu is thoughtfully put together to offer the best of both.

The photographs in Joe and Nosh were taken of the original Coffee Cup, which opened in 1948 just down the street from our Morehead location. I loved going to this soul food haven for the food but even more because it was the great unifier of Charlotte. This was no accident. In 1968, under female ownership (which I love!), the Coffee Cup became the city's first integrated diner (which I love!). Ten years later, two female friends, one African American and one Caucasian, purchased the business (which I love!), and it continued to be the Queen City melting pot until it was demolished in 2009.

Talk about being progressive. It takes courage to be the first, especially if it involves taking a stance for what you believe in without knowing the outcome and how it will affect you personally as well as professionally. I want these photographs on the walls to be a reminder and an inspiration to me and others to be courageous.

Perk up and chow down!

-Deedee Hagner, owner

For catering inquiries, please email info@joeandnosh.com

round up to the nearest dollar
to support our local charity.



COFFEE/HOT BEVERAGES

Espresso \$2.25
Coffee \$1.95/\$2.95
Cappuccino \$3.15/\$3.95
Latte \$3.15/\$3.95
Macchiato \$2.75
Americano \$2.75/\$3.75
Chai (Spiced, Vanilla) \$3.75/\$4.60
Hot Chocolate \$1.95/\$2.95
Hot Tea Bags \$1.95/\$2.95
+Milk Options: whole, skim, almond, soy
+Flavor Options: (\$.50) vanilla, caramel, hazelnut, mocha, white chocolate

COLD BEVERAGES

Iced Coffee \$1.95/\$2.95
Iced Latte \$3.15/\$3.95
Iced Chai (spiced or vanilla) \$3.75/\$4.60
Iced Sweet/Unsweet Tea, Pepsi Fountain Drinks (20oz.) \$2.50
Kids Milk/Choc Milk \$1.50

BLENDED BEVERAGES 16 oz. \$5.25

Blended Latte- espresso, ice, milk, optional simple syrup
Mocha- espresso, ice, milk, choc syrup
Chocolate Chip- espresso, ice, milk, choc syrup, milk or dark chips
Dulce de Leche- espresso, ice, caramel, milk
Spiced or Vanilla Dirty Chai- milk, ice, chai mix, cold brew
Vietnamese Coffee- ice, espresso, sweetened condensed milk
Hazelnut- espresso, ice, milk, hazelnut syrup
Vanilla- espresso, ice, milk, vanilla syrup

SMOOTHIES 16 oz. \$5.25

Blue Blitz- blueberries, peaches, pineapple, oj, cinnamon, honey
Sunshine- oj, pineapple, banana
Very Berry- blueberries, strawberries, raspberries, yogurt, apple juice, honey
Strawberry Splash- strawberries, banana, pineapple, honey, apple juice
PB&J- strawberries, banana, peanut butter, almond milk, apple juice



* This menu item is served using raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

BREAKFAST SERVED ALL DAY

Breakfast Sandwich:

- choice of bread – \$1 wheat, white or wrap
\$2.50 biscuit or bagel
- choice of meat \$2 – bacon or sausage
- choice of cheese \$.75 – american, swiss, cheddar or provolone
- *choice of egg or egg white– \$2

Farm Plate \$8.75

- *two eggs scrambled or fried, choice of bacon or sausage, biscuit or toast, fresh fruit

Bagel \$2.50

- \$.50 cream cheese or jelly

Yogurt Parfait \$3.50

- lowfat yogurt, granola, blueberries

Old Fashioned Oatmeal \$3

- w/ blueberries 4oz.(\$1), brown sugar/mixed nuts 2oz.(\$1)

ORIGINAL NOSH

Twisted Club \$7.99

- ham, turkey, bacon, lettuce, avocado, sundried tomato mayo, pesto mayo, cheddar, swiss on wheat or white

Cool Turkey \$6.99

- smoked turkey breast, cucumbers, dill mayo on wheat or white

BLT \$6.99

- bacon, lettuce, tomato, mayo on wheat or white

Buffalo Chicken Wrap \$7.25

- grilled or fried chicken, lettuce, blue cheese crumbles, buffalo sauce

Hummus Wrap \$6.99

- hummus, carrots, avocado spread, cucumbers, roasted red peppers, lettuce, swiss, honey mustard

Chicken Tenders Basket \$9.00

- choice of side

KIDS MENU – \$3.95

- pb&j (grape or strawberry jelly) on wheat or white
- grilled cheese on wheat or white

SALADS (add grilled/fried chicken \$4)

Joe and Nosh Salad \$4.25

- mixed greens, cucumbers, tomatoes, carrots, cheddar, housemade croutons, choice of dressing

Nuts and Berries \$4.25

- spring mix, walnuts, dried cranberries, feta, choice of dressing

dressings: ranch, honey mustard, balsamic vinaigrette

SOUPS – cup/bowl \$4/\$6

Please ask for our selection

SIDES

Fresh Seasonal Fruit \$2.95

Carolina Kettle Chips \$2.95

Crinkle Cut French Fries \$3.50

Sweet Potato Tots \$3.50



NOSH FROM THE MAYOBIRD

the Chicken Salads:

\$7.25/Sandwich (on wheat or white), \$5.95/Scoop

- the Original – plain
- the Southern – pickles & eggs
- the Loaded – bacon, sour cream, chives & cheddar
- the Harvest – apples, grapes, pecans

the Choices:

the MAYOBIRD \$8.95

- choice of any sandwich or scoop & choice of fruit or chips

the Double Dip \$11.95

- choice of 2 chicken salad scoops & choice of fruit or chips

the Pair \$7.25

- 1/2 of any chicken salad sandwich & cup of soup, fruit or chips

the Health Nut \$8.95

- Joe and Nosh salad w/ choice of 1 chicken salad scoop

the Athlete \$11.95

- Joe and Nosh salad w/ choice of 2 chicken salad scoops